

Ask the class to draw, make or print out a portrait of themselves and glue it to the back of the attached jigsaw worksheet.

Once glued together, cut out the jigsaw pieces.

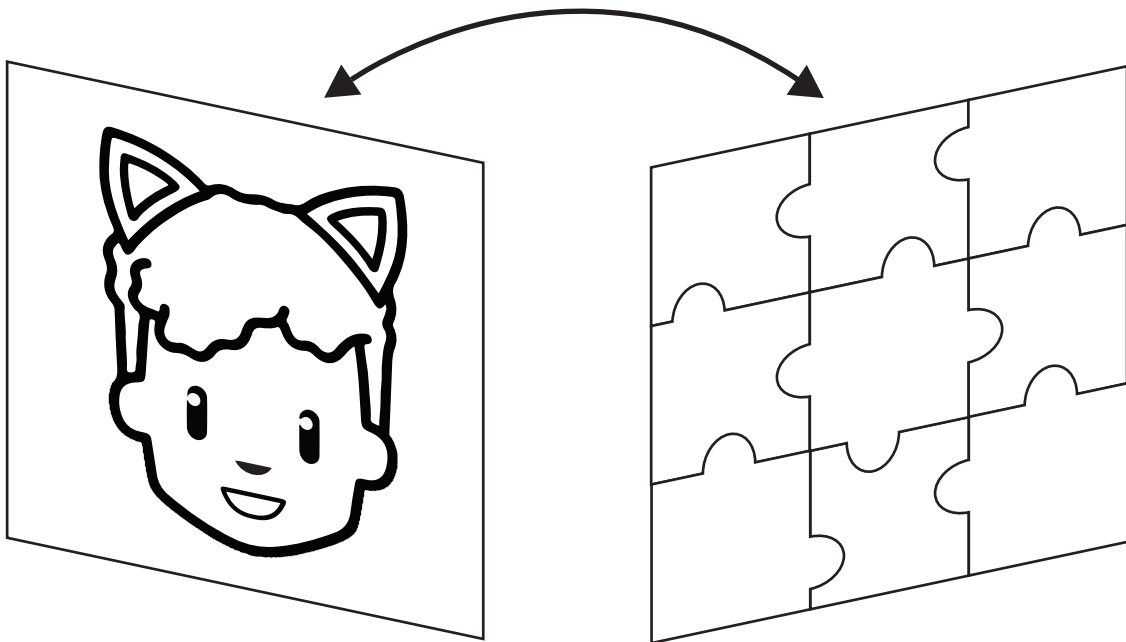
On the blank side of each puzzle piece, ask the children to write a part of their identity, starting with the words '*I am...*'.

This could be simple, e.g. '*I am my blue eyes*', '*I am my love of drawing*', '*I am my passion for football*'.

Or it could expanded into experiences that have helped to shape someone, e.g. '*I am my different homes*', '*I am my bravery at trying something new*'.

Lead a discussion on how we are a mixture of all of our features, loves and experiences. We are complex and the things that make up who we are will be positive, negative and neutral.

(Glue portrait and puzzle back to back)



Draw, make or print out a portrait of yourself and glue it to the back of the jigsaw below.

Once safely glued together, cut out the jigsaw pieces.

On the blank side of each puzzle piece, write a part of your identity, starting with the words '*I am...*'

E.g. '*I am my blue eyes*'; '*I am my love of drawing*'; '*I am my passion for football*'; '*I am my different homes*'; '*I am my bravery at trying something new*'.

