

1. UNIQUE ME/BEING PART OF A GROUP - Lesson Plan (1 Lesson)

RSE Guidance Pupils should know: <ul style="list-style-type: none">• The importance of respecting others, even when they are very different from them.• That in school and in wider society they can expect to be treated with respect by others and that in turn they should show due respect to others.	
Prior Learning: N/A	
Child Speak LO: <ul style="list-style-type: none">- I am unique and different from everyone else. I know that everyone is unique and different in their own way.- I can be proud of being unique and different.- I am made up of some things that stay the same and some things that are different.- We should respect everyone else’s differences.	
Resources Needed: <ul style="list-style-type: none">• Video - Identity Explained for Children• Video - A Boy Not the Same• Identity (Worksheet)• Three Words Me / Me by Me Worksheet	
Introduction: Use the video Identity Explained for Children to explore the idea that our identity is a mix of many different things, some of which will change and some of which will always stay the same. Discussion: <ul style="list-style-type: none">• Which parts of your identity do you think will never change? Why?• Which parts might change? What might cause them to change?• Can you leave your identity behind or is it something that will always be with you?• How does your identity make you feel? Proud? Part of a group? Special? Unique?	Whole Class/ Pairs
Activities: (You may choose to do all or one of these).	
Activity 1 - Identity (Worksheet) Use the Identity worksheet as a template for children to record some of the things that make them unique and special. Children could also explore the complexity of their identity using spider diagrams or word clouds.	Individual
Activity 2 - Three Words Me / Me by Me Use the suggested words on the Three Words Me sheet as inspiration. Children to choose three words to describe themselves and then use their creative skills to make these words look fabulous next to a picture of themselves, e.g. using bubble writing, graffiti letters, tissue paper, fabric or natural items collage, etc.	Individual
Activity 3 - Selfie Art This could be combined with Three Words Me. Children to draw a self-portrait with one half of their face representing how they look and the other half representing the many different things that make up their identity. The words from Three Words Me could be added to this to make a class display.	Individual

<p>Further Activities - Our Class Identity/Supporting Each Other</p> <p>Discussion:</p> <ul style="list-style-type: none"> • Which groups do we belong to as individuals? E.g. football team, people who share a faith, people who own dogs, etc. • How does being part of a group help us? • How does it make us feel? • How does it feel when we are excluded from a group we want to be part of? <p>Watch Video - A Boy Not the Same</p> <p>Discussion:</p> <ul style="list-style-type: none"> • How did the boy feel when he thought he was the only person like him? How did he feel when he realised he was part of a group? • What things do we share as a class? E.g. age, the classroom space, the cloakroom, our row in the hall, our trip to... etc. • How does being part of a class group help us? • How can we help each other succeed and excel this year? <p>Create:</p> <p>Use the artwork created above for a display celebrating the class as a collection of individuals who help and support each other.</p>	<p>Whole Class</p>
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([Highlighted](#) resources are available at popnolly.com/membership)